



Premier Inn
Rest easy

Doing business - the best way

When it's time to talk business, you'll find a warm welcome and professional atmosphere at Premier Inn.

Our flexible, serviced meeting spaces and mouth-watering choice of food and drinks are sure to make it a meeting they'll want to turn up to.



Cater for all

We've got an excellent selection of food and drinks to choose from, so you can tailor your menu to suit your dietary requirements.



Value for money

We can take care of you on the day, so you don't have to worry about a thing.



Peace of mind

Thanks to our service and team expertise, we can guarantee that you'll have a stress-free experience whenever you book with us.



Business meetings

Our venues provide the perfect location to host your business meetings, training sessions and team get-togethers. Free Wi-Fi is available at all our venues too.

Buffet selection

To suit your needs, we offer a number of buffet options for breakfast, lunch & dessert

Breakfast Baps - £3.99pp

- Bacon Bap (351kcal)
- Sausage Bap (542kcal)
- Fried Egg Bap (v) (360kcal)
- GARDEN GOURMET® Sensational™ Sausage Bap (v) (392kcal)

Calories stated do not include sauces
Ketchup (7kcal) HP Sauce (12kcal)



Unlimited tea and coffee

Because no meeting is truly complete
without tea and coffee

Please see coffee & drinks card for more details.

Lunch Buffet

Working Lunch - £6.99pp

- Sandwiches:
 - Chicken & Mayo (92kcal per triangle)
 - Cheese & Tomato (V) (89kcal per triangle)
 - BLT (91kcal per triangle)
 - Egg Mayo (V) (74kcal per triangle)
 - House Salad (VE) (42kcal per portion)
 - Assorted Crisps:
 - Salt & Vinegar (233kcal per bag)
 - Salted (235kcal per bag)
 - Cheese & Onion (229kcal per bag)
 - Prawn Cocktail (230kcal per bag)
 - Brownies (V) (261kcal for 2 pieces, or 131kcal per piece)
 - Lemon Drizzle Cake (V) (280kcal for 2 pieces, or 140kcal per piece)
 - Chocolate Torte (VE) (160kcal for 2 pieces, or 80kcal per piece)
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Premium Working Lunch - £9.99pp

- Sandwiches:
 - Chicken & Mayo (92kcal per triangle)
 - Cheese & Tomato (V) (89kcal per triangle)
 - BLT (91kcal per triangle)
 - Egg Mayo (V) (74kcal per triangle)
 - Ham¹ & Tomato (75kcal per triangle)
 - House Salad (VE) (42kcal per portion)
 - Skin-on Chips (VE) (158kcal per 100g portion)
 - Mini Chicken Bites (20kcal per piece)
 - Nachos & Salsa (VE) (148kcal per portion)
 - Chicken Wings (151kcal per 2 wings)
 - Assorted Crisps:
 - Salt & Vinegar (233kcal per bag)
 - Salted (235kcal per bag)
 - Cheese & Onion (229kcal per bag)
 - Prawn Cocktail (230kcal per bag)
 - Fresh Fruit Selection (V)
 - Brownies (V) (261kcal for 2 pieces, or 131kcal per piece)
 - Lemon Drizzle Cake (V) (280kcal for 2 pieces, or 140kcal per piece)
 - Chocolate Torte (VE) (160kcal for 2 pieces, or 80kcal per piece)
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Premium Working Lunch with Pizza - £12.99pp

- Pizzas:
Your choice of two pizzas from:
 - Margherita (V) (113kcal per slice)
 - Veggie (V) (120kcal per slice)
 - Pepperoni (146kcal per slice)
 - Hawaiian BBQ (147kcal per slice)
- House Salad (VE) (42kcal per portion)
- Skin-on Chips (VE) (158kcal per 100g portion)
- Mini Chicken Bites (20kcal per piece)
- Nachos & Salsa (VE) (148kcal per portion)
- Chicken Wings (151kcal per 2 wings)
- Assorted Crisps:
 - Salt & Vinegar (233kcal per bag)
 - Salted (235kcal per bag)
 - Cheese & Onion (229kcal per bag)
 - Prawn Cocktail (230kcal per bag)
- Fresh Fruit Selection (V)
- Brownies (V) (261kcal for 2 pieces, or 131kcal per piece)
- Lemon Drizzle Cake (V) (280kcal for 2 pieces, or 140kcal per piece)
- Chocolate Torte (VE) (160kcal for 2 pieces, or 80kcal per piece)

Adults need around 2,000kcal a day

Locations



Available at 70 locations around the UK

Visit us online at

www.premiermeetings.co.uk



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***Terms and Conditions:** A minimum of 8 people are required to order the buffet. Buffet menu requires 48hrs' notice. For parties of 30 or more please contact your local site to arrange menu pre orders.

Don't worry, we know there are allergens in our food and drinks which we need to tell you about, so please let your server know if you have a specific allergy or would like more information about our dishes. Ingredients can occasionally be substituted or changed at short notice, so please review the allergy information on the website at the time of your visit and ask your server when you arrive. The calories provided are based on the average serving size for the whole dish or drink as detailed on the menu, unless otherwise stated. No optional additions to hot drinks have been included in the calories stated, except for where milk is added. The additional milk calories are based on semi-skimmed milk. We ensure that the calorie information provided is as accurate as possible and correct at time of printing, however some product variation may occur. Ingredients are occasionally substituted or changed which may affect the calorie information. Dish descriptions may not list every ingredient. All meat, fish and poultry dishes may contain small bones. ¹Formed ham. (V) Suitable for vegetarians. (VE) Suitable for vegans and vegetarians. Our vegan dishes are made to a vegan recipe, but we cannot guarantee that they are suitable for those with MILK or EGG allergies. GARDEN GOURMET® - Reg. Trademark used in agreement with the Trademark owner. TMRegistered Trademark. All prices include VAT at current rate. We may occasionally sell out of some more popular dishes. We hope we served you up a great experience today. If you choose to leave a gratuity to thank your server, we want you to know that this goes straight to the person serving you today, in full. All images are for illustrative purposes only and all items are subject to availability. You are welcome to contact us. Write to: Whitbread Group PLC, PO Box 777, Dunstable, Bedfordshire, LU5 5XE. Telephone: 0333 234 145.